

FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

Golden Gate Residents Association

8201 40th Street North, Pinellas Park, FL 33781

| Paul Carter | .President, Lot #87 | |
|----------------|---------------------------|----------|
| Dennis Dufault | .Vice President, Lot #245 | |
| Pat Stephenson | Treasurer, Lot #235 | |
| Jerry Thompson | .Secretary, Lot #271 | |
| Jim Alaimo | .Director, Lot #17 | |
| Jane Hotchkiss | .Office Manager | 577-9205 |

Office Hours: 9:00 a.m. – 2:30 p.m. Monday through Friday Office Phone: (727) 577-9205 Office Fax: (727) 576-3287 E-mail Address: goldgateresassoc@tampabay.rr.com Emergency Number: (727) 578-2891



From your Board of Directors

Board of Directors meeting was held on October 15, 2019 and 1 resident attended. The following items were discussed and approved.

Reinvest CDs; May 13 Hancock Bank \$60,000 13mo 2.65%, July 23 Bank United \$54,000 11mo 2.2%, Sept 29 Freedom Bank \$53,000 13mo 1.61%, Sept 30 Bank of Ozarks \$81,000 9mo 2.1%, Oct 7 Bank of Ozarks \$156,000 9mo 2.1%.

Our financial report for the month of September 2019 shows that income for the month was \$35,705.05 with expenditures of \$29,817.04. The financial statement for each month is posted on the bulletin board at the rear of the hall for everyone to review.

Completed installation of two new flag poles \$3526.00. New grass in front of clubhouse \$265.00.

Install clubhouse and pool security cameras \$1800.00. Concrete and labor for new Bocce court \$7500.00.

Repair road and sidewalk on G Street \$1850.00. Material for sewer line and stormwater pump ~\$800.00.

 Replace failed sewer lift station pump \$6688.00. Rebuild replaced pump to provide spare

 \$2188.39

 2

 GOLDEN GATE NUGGET NOVEMBER, 2019 D



ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages: =

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with AirBags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.



GOLDEN GATE NUGGET NOVEMBER, 2019 D









Director on Call

→ or the Month of November – Jerry Thompson
 → In case of a "Park Emergency "– Dial (727) 578-2891.
 For emergency crime or health issues dial 911.

FROM THE OFFICE

Maintenance Staff Assistance

f you identify a maintenance item around the Community, please ask someone in the office (Jane or a member of the board) to complete a work order for Lam. This allows them to track, prioritize and complete their daily work load. Thank you!

Community Rules Reminders

7. GOLDEN ŘULE: The Golden Rule is in effect at Golden Gate. Please be considerate of others. TV's, radios, and musical instruments should be used so as not to disturb your neighbors, especially after 11 PM. All power equipment will not be used before 8:00 AM

9. VEHICLES AND GOLF CARTS IN THE COMMUNITY: All residents and guests must obey all local and state rules related to the operation of vehicles. The 15 (fifteen) MPH speed limit must be observed by all residents and guests. Parking on sidewalks or blocking of sidewalks or parking between homes is not permitted per City Fire Code. No overnight parking on the streets. Guests may park their cars in the area around the clubhouse for a period of 15 days with Board of Directors approval. Residents are not allowed to park around the clubhouse on a continuous basis. A permit, obtainable from the Association office, is required to park any recreational vehicle and/or boat in the parking area around the clubhouse. Permits will be issued for a maximum of two days and must be displayed on the windshield of the vehicle. No unlicensed vehicles are allowed in the community. No person under 16 years of age shall be allowed to drive vehicles/golf carts. Shareholders assume all liability and responsibility for any injuries and damages arising from the operation of their golf carts

Bicycles

Please remember that bicycles are vehicles and must obey all traffic laws including stopping at all stop signs. This applies to residents and visitors.

Soliciting

Soliciting of any kind is not allowed in Golden Gate. If anyone comes to your door trying to sell anything, please be safe and just say no thank you; close your door and <u>call the police</u> non-emergency number (on page 2 of the Golden Gate Telephone Directory (727) 369-7864. Do not confront the solicitors.

Articles for the Newsletter

Any article submitted to the Golden Gate Newsletter should have the author identified. If you have a computer with an email connection, articles may be emailed to ggmedia@tampabay.

continued on page 6



<u>rr.com</u>, preferably by the Monday before the third Tuesday of the month. The Board of Directors' Meeting is the third Tuesday of the month and the agreement with the publisher gives us up to the day after the meeting to deliver copy to be published. If you don't have a computer you may continue to deliver a double-spaced paper copy, again, preferably by the Monday before the third Tuesday of the month.

Top Tips to Protect Your Bike...

1. Get a decent lock

Bike thieves need to operate quickly to reduce the chance of being caught, so a decent bike lock is literally worth its weight in gold.

A heavy-duty bike lock can make a thief's job more difficult, with the result that they abandon attempts to steal your bike or move onto a bike with a less secure lock.

• Buy a decent lock - preferably two

2. Make your mark

Marking your bike with a unique code ensures that Police will be able to trace your bike back to you if it is stolen and recovered.

3. Insure it

A bike can cost as much as an item of jewelry, an antique or a painting so make sure you are well covered by insurance in case of theft.

4. Out and about

Bike thefts can occur at any time - day or night. A growing trend is that thieves are stealing certain makes and models to order.

• Park your bike in a well-lit area, where it can be easily seen by passers-by.

• Lock both wheels and the frame of your bike to a cycle stand or other immoveable object. Use designated parking areas where possible.

• Make sure the locks go through the bike frame as well as both wheels and the post you are securing it to.

5. At home

More than half of bikes are stolen from home. Reduce the chances of this happening by:

• storing your bike in a locked shed or garage

• keeping it out of view

• securing it to an immovable object.

6. Follow the Three R's:

Record-

Keep a record of the frame number, make and any other marks that can identify your bike if it is stolen. Take a photo of the bike and write a description of it, so you can describe it accurately if it does get stolen.

Register-

Register your bike details onto BikeRegister.com. By marking and registering your bike you stand a chance that the police will be able to return it to you if it is stolen and recovered.

Report-

More and more marked bikes are being recovered and returned to their rightful owners, so if your bike is stolen you should definitely report it to the police.



It's Never Too Late To Restore Your Skin!

Call To Schedule Your Free Skin Cancer Screening! New Patients Only | Offer Expires 12/31/19 | Code - MM



EXPERIENCE THE MOHS FELLOWSHIP DIFFERENCE

Trust is more than skin deep

www.FLDSCC.com

Belleair | 727.446.6217 609 Indian Rocks Rd., Belleair, FL 33756 Pinellas Park | 727.548.9196 6020 Park Blvd., Pinellas Park, FL 33781 INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!



Insulation Under Your Home Falling Down? Holes and Tears in Your Vapor /Moisture Barrier?





Insulation and Vapor Barrier Repairs

UNDER HOME INSPECTION

• Lifetime Vapor Barrier • Guaranteed for Life • Prevent Soft Floors • Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House! • Lower Your Electric Bills

Licensed by the State of Florida #IH/102549/1



FREE ESTIMATES 727-330-7821





Insured • Bonded • Workman's Compensation Insurance
 • Member: National Association of Mold Professionals





THANK YOU



A sincere THANK YOU to all our friends and neighbors for the cards, calls and hugs when Mom (Vicky Snyder) passed away on September 20, 2019 at 104+ years of age. We had a great celebration of life in Oregon Ohio, her summer home. We will celebrate her life here in Florida on January 29, 2020 in the hall. Gratefully, Jennie, Michael (Judy) Daniel Snyder, her children and the rest of her descendants. Jennie Louise Snyder Heeren

EARLY CHRISTMAS NEWS FOR CHRISMAS DAY POT LUCK

ast month, I had an article printed with a 2:00pm time, right now the time is Flexible, but may be closer to a 4:00pm time. Again, this is just an early notification so everyone will know what we are planning on Christmas Day, December 25th in the Club House. We will be selling tickets for either \$1.00 or \$2.00 per person just not sure yet. This dinner is not sponsored by any club, so the ticket sales will be to purchase the meat for the dinner. We will be selling the tickets early in December for a head count and to see if there is enough

interest in the dinner. This way everyone will be able to plan their Christmas!

Thank you Mariann

The NUGGETS NEWSLETTER, November, 2019

By: Secretary Patsy Gosse

elcome back to all our residents of Golden Gate. Hope you all had a happy and healthy summer.

Y Your Nuggets Executive has planned a wonderful program of activities for the season. Look for our November activities in the center pages of the Park Newsletter. The season's activities are also posted on the Bulletin Board at the Clubhouse.

A huge thank you to all who have volunteered to participate in leadership roles; e.g. sponsoring a dance, a pot luck, helping with Social Sunday, etc. Your help makes all the Nuggets activities come together so successfully.

Please join President Harvey Hodder and his wife Pearl for the Pot Luck Dinner on Friday November 1st and get ready to Dance on November 13th (sponsored by Jean Chudzik and Friends): Music will be by Carlos. Then on November 24th gather for Social Sunday, a great time to catch up with friends and family who I'm sure you missed over the summer months. Music will be by Ray Curtis.

Look in your mailboxes for news about each event, including those days when tickets can be purchased. Join the Executive for our Club Meeting at 7:00 p.m. on Tuesday, November 19th. See you real soon!! Best wishes and thanks to all.



BOCCE NEWS

Pe have had a lot of fun with Bocce this Summer. We hope to have more players when the Snowbirds come back! With the time change we will be playing at <u>5:00pm</u>. Please bring a chair and we enjoy the spectators as well as players. Watch the calendar and lighted board for any time changes.

spectators as well as players. Watch the calendar and lighted board for any time changes. Thank you

Mariann

CORNHOLE NEWS

t the end of September, we changed the playing day from Tuesdays to Thursdays. This seems to be working out very Well. We want to acknowledge and thank Alfred Abell for making the 2 official Cornhole Sets (which are beautiful) and to Jeanine Tamberlin Fillicette for the use of her official set! They are all working out great!

It is a fun game that the players are enjoying! Come out to play or watch and bring your chairs. Please keep an eye on the lighted activities board and calendar as the days grow shorter, we may need to change the start times.

BEGINNING IN NOVEMBER, WE WILL BE STARTING AT 3:30PM. With the time change, this should work well!

NEW RESIDENT

lease welcome Deborah Rhodes. She is new fulltime resident at 402 New Circle. She previously lived in St Petersburg.





View this newsletter in full color at www.Monthly-media.Com Right click with mouse to download to your computer





SUB-FLOOR & FLOORING EXPERTS!





THORIDA

COMPANNY

AND BARRIE



EXPERIENCE

STATE LICENSED MOBILE HOME INSTALLER IH# 102549/1



727.330.7821 800.681.3772

LICENSED INSURED

BONDED

ANCHOR



NOVEMBER BIRTHDAYS

| 2 | Toni Passero | 191 | | Delores Lang | 63 |
|----|------------------|-------|----|----------------------|-----|
| | Robert Robinson | 201 | 18 | Charlotte Hassen | 7 |
| | Frank Scarpino | 202 | | Howard Hunt | 60 |
| 3 | David Thompson | 127 | | Steven Sorenson | 424 |
| 4 | Frank Poirer | 89 | 19 | Henry Bourgette | 281 |
| | Darlene Stanley | 67 💧 | | Rose Goodrich | 200 |
| 5 | Judy Middleton | 202 | 20 | Letitia Farrell | 18 |
| | Herold Murray | 112 🥧 | | Margaret Price | 417 |
| 7 | Marcel Bel Air | 122 | | Michael Tamberlin | 30 |
| | Judith Brady | 430 | 23 | Sylvie Faddis | 253 |
| | Mary Ellen LeDuc | 226 | 24 | William Davis | 185 |
| 8 | Murray Davis | 124 | 25 | Frank Durham | 49 |
| | Loretta Highfill | 184 | | Chas Urian | 73 |
| 9 | Laura Gilmore | 26 | 26 | Christine Stockstill | 254 |
| | Joanne Sauers | 233 | 27 | Corky Cleveland | 275 |
| 10 | Larry May | 261 | 28 | Richard Gosse | 131 |
| | Marion Oyster | 175 | | Guy Wells | 287 |
| 11 | Darlene Harris | 163 | 29 | Karen Banzer | 170 |
| 14 | Cynthia Winters | 93 | | Denise Poirer | 89 |
| 15 | Dennis Hughes | 309 | 30 | Glenn Gosse | 19 |
| | Fern Lachance | 300 | | Thomas Semancik | 126 |
| 16 | Helen Cramer | 41 | | | |

NOVEMBER ANNIVERSARIES

- 6 Jill & Richard Widell
- 8 Patricia & Murray Davis
- 12 Jean & James Kent
- 16 Judith & Arthur Costello
- 22 Jo-Anne & William Tullis
- 23 Maria & Peter Alcamo
- Teresa & Robert McDermott
- 29 Darlene & John Harris



A Complete Listing of Resident Services can be found on the page before your calendar

81

124

107

291

248



Ditch these financial bad habits

ant to handle your money better? Most of us do. The Motley Fool website advises breaking these three bad habits:

- **Paying bills late.** A few days or weeks may not seem to matter, but you'll be hit with late fees, interest, and damage to your credit rating. Do your best to pay all your bills on time. Set up reminders so you're always on schedule. Automatic payment is one reliable option.
- Accumulating too much debt. Not all debt is bad, as long as you manage it sensibly and pay it off in a reasonable time. If you can't pay off your credit cards and other debt by the end of the month, set up a budget that helps you monitor and control your spending before debt gets out of control and hurts your credit rating.
- Not saving. Putting money away can be difficult, but not saving any money is a mistake. You should have a reasonable cushion in case of emergencies—at least three months' worth of living expenses. Look for ways to cut costs, and set up a separate savings account so you're able to keep track of savings and spending money easily.

When and where to pay cash

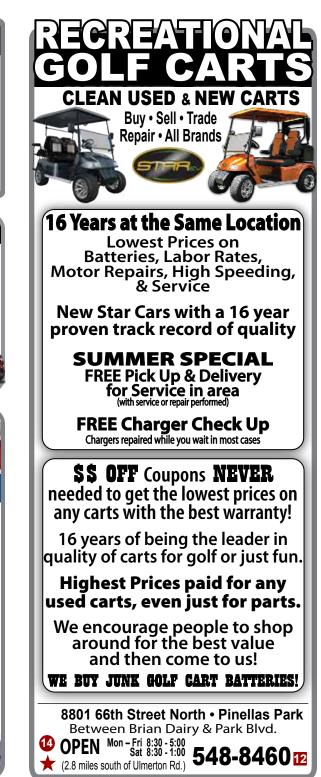
redit and debit cards are convenient, but sometimes you're better off using cash. The Reader's Digest website suggests keeping your card in your wallet in these situations:

- **Tipping.** Tipping in cash instead of adding it to your bill ensures that your server gets the full amount.
- Farmer's markets. Many vendors have credit card machines nowadays, but not all of them. And the machines can always go down because of a power outage or spotty Wi-Fi. Keep cash handy so you don't miss out.
- Minimum purchases. Coffee shops and other venues frequently have a \$5 or \$10 minimum for credit card purchases. Paying cash ensures you don't buy more than you need in order to meet the minimum.
- **Private transactions.** You want to buy a special gift for your spouse, but you don't want him or her seeing it on a credit card statement. Use cash to keep the transaction secret.

Money and beauty are defenses against the sorrows of this world, but neither can undo the past. Only time will conquer time. The way forward is the only way back to innocence and to peace. —Dean Koontz









Michael Crotts FL Licensed Independent Health Insurance Agent

Health insurance decisions can be confusing due to endless coverage changes and many policy types. Fortunately, there is someone who can work diligently to help and without cost to you - Michael Crotts, owner of Best Plan Choice.

Through his own healthcare experience Mr. Crotts learned the value of good health coverage and guality medical care. He dedicates his agency to helping people with Medicare and Medicaid needs. You can visit the office to learn about Medicare plan options or he will come to your home.

Every year your Medicare health plan coverage changes even if you do not change plans. Also, new products are introduced and many offer benefits beyond original Medicare and/or Medicaid plans. Baby Boomers had completely different insurance products during their working years. The indemnity and major medical policies are no longer the only choice and often do not meet the financial needs of consumers today.

Don't waste time trying to figure it out. Michael will sit with you and review all of the documents, and answer all of your questions. Most importantly, he will conduct a needs analysis to determine your individual needs - if you expect a hospitalization, use certain medicines, or want benefit like dental or vision - everything is taken into consideration.

Best Plan Choice is there to help you make the right choice and is available long after the policy is written. This means helping with doctor chang¬es, plan questions, annual review of your benefits, and of course taking great care of any friend or family member you refer. At Best Plan Choice clients become friends, and friends become clients.



HEALTH INSURANCE

MEDICARE · MEDICAID 27-845-5297

Search online for our Five-Star google reviews and visit our website at WWW.BestPlanChoice.con



SERVICES DIRECTORY

| AIR CONDITIONING SALES/SERV | ICE |
|---|---------------------|
| Air Masters of Pinellas, Inc. | 727-586-6969 |
| E & E Gliddon, Inc | 727-546-4343 |
| Modern A/C Service Co. | 727-541-5541 |
| AWNINGS | |
| Bay Area Aluminum Services, Inc | 727-585-4442 |
| Century Awnings Co. | 727_550_8811 |
| AUTO BUYER | 121-333-0011 |
| Stingrays Inc (CASH NOW) | 707 700 2024 |
| | 121-190-2921 |
| AUTO REPAIR | 707 500 4440 |
| Suncoast Auto & Tire BATHROOM REMODELING | /27-520-1148 |
| | |
| BathMasters | 727-333-7997 |
| BLINDS & DRAPERIES | |
| Rod Runners | 727-394-9534 |
| CARPET CLEANING | |
| Bill the Carpet Guy | 727-521-4163 |
| COMPUTER SERVICES | |
| Discount Computer Repair | 727-320-2965 |
| Largo Tech Services, LLC | 727-474-4285 |
| DERMATOLOGIST | 121 414 4200 |
| Florida Dermatology & Skin Cancer | 727-5/8-0106 |
| DRIVEWAY COATING | 121-340-9190 |
| Concrete Wizard, Inc. | 707 700 5444 |
| | /2/-/89-5444 |
| ELECTRICAL CONTRACTOR | |
| Haseney Electrical Services, Inc | |
| Imperial Electrical Service | 727-535-0708 |
| FLOOR REPAIR | |
| Flatworks | 727-288-4680 |
| Florida Anchor & Barrier Co. | 727-330-7821 |
| Perfect Repair & Construction, Inc | 727-539-0852 |
| GOLF CARTS SALES & SERVICE | |
| Capital Golf Carts, Inc | 727-772-8833 |
| Recreational Golf Cars of Florida | 727-548-8460 |
| Shaffers American Custom Golf Carts | |
| INSURANCE/AUTO | 121-242-1000 |
| O. E. Wilson | 777 525 0524 |
| INSURANCE/HEALTH - MEDICARI | <i>121-555-0524</i> |
| | |
| Best Plan Choice - Michael Crotts | /2/-845-529/ |
| KITCHEN CABINET REFACING | |
| Swailes Re-Face It, LLC | 727-804-1689 |
| LOCKSMITH | |
| Mr. McPick Mobile Locksmith | |
| MANUFACTURED HOME SALES/N | EW |
| Citrus Homes/Meadowood Homes | 727-535-5262 |
| | |



MEDICAL CARE

| Morton Plant Hospital | 844-260-7155 |
|--|----------------|
| MOBILE HOME SUPPLIES - RETA | AIL |
| Mobile Home Depot, Inc Southeast Mobile Home Supplies | 727-535-1100 |
| Southeast Mobile Home Supplies | 727-522-2090 |
| MOBILE HOME WASH/WAX | |
| Royal Enterprises | 727-394-7351 |
| Heller's MH Washing | 727-667-8110 |
| MOBILE HOME WINDOW FILM | |
| Royal Enterprises PAINTING/INSIDE & OUTSIDE | 727-394-7351 |
| PAINTING/INSIDE & OUTSIDE | |
| Payless Painting Services | /2/-4/0-58/6 |
| Sherman's Painting | /2/-458-6923 |
| PEST CONTROL | 707 505 0000 |
| Buggin Out Termite & Pest Control | 727-535-2629 |
| Modern Pest Control, Inc. | 121-410-1466 |
| Nature's Resource Pest Control | / 2/-/85-2552 |
| Jones & Sons Plumbing, Inc | 707 700 0007 |
| Ray Duncan Plumbing, Inc. | 727 722 0069 |
| Enos Plumbing | 727 904 0105 |
| REMODELING/INTERIOR | 121-004-9105 |
| American Restoration Systems, Inc | 727-525-7200 |
| Innovative Homecrafters | 813_438_3646 |
| ROOF COATING | 010-400-0040 |
| Community Roofing of FL, Inc | 727-536-9999 |
| ROOF REPLACEMENT | |
| All Weather Roofing | 1-800-297-3758 |
| AMS Advanced MH Systems | 727-471-0820 |
| ASC Aluminum Specialty Contr | |
| ROOM ADDITIONS | |
| Bay Area Aluminum Services, Inc | 727-585-4442 |
| TIE DOWNS/MOBILE HOMES | |
| Florida Anchor & Barrier Co | 727-330-7821 |
| VAPOR BARRIER | |
| Florida Anchor & Barrier Co | |
| Precision Vapor Barriers | 727-288-4680 |
| Underhome Armor | 727-282-2045 |
| VINYL SIDING | |
| AMS Advanced MH Systems | /27-471-0820 |
| ASC Aluminum Specialty Contr | /2/-54/-8300 |
| WINDOW REPLACEMENT | 707 474 0000 |
| AMS Advanced MH Systems | /2/-4/1-0820 |
| ASC Aluminum Specialty Contr | /2/-54/-8300 |





| NOVENIE | SER LUI | 9 |
|---|--|---|
| Sunday | Monday | Т |
| S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | | |
| 3 8:45 AM - Church Service Daylight Savings Time Ends | 4 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Line Dancing 11:00 AM - Friendship Practice 1:00 PM - Euchre 1:00 PM - Nova Practice | 8:00 AM - 8:00 AM - 11:30 AM 7:00 PM - |
| 10 8:45 AM - Church Service | 11 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Line Dancing 11:00 AM - Friendship Practice 1:00 PM - Euchre 1:00 PM - Nova Practice Veteran's Day | 8:00 AM - 8:00 AM - 10:00 AM 11:30 AM 7:00 PM - |
| 17 8:45 AM - Church Service 1:00 PM - Fun Dbls Shuffle | 18 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Line Dancing 11:00 AM - Friendship Practice 1:00 PM - Euchre 1:00 PM - Nova Practice | 8:00 AM - 8:00 AM - 10:00 AM 11:30 AM 7:00 PM - |
| 24 8:45 AM - Church Service 1:00 PM - Fun Dbls Shuffle 5:00 PM - Social Sunday | 25 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Line Dancing 11:00 AM - Friendship Practice 1:00 PM - Euchre 1:00 PM - Nova Practice | 8:00 AM - 8:00 AM - 10:00 AM 11:30 AM |

 $N \cap V \cap M \cap O \cap O \cap 1$

Golden Gate

| Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|
| | | | 1 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 1:00 PM - Euchre 5:00 PM - Pot Luck | 2 8:00 AM - Pool Exercises |
| 5 Pool Exercises Power Walk - Friendship - Hall Men's Club | 6 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Labor of Love 10:30 AM - Nova Practice 1:00 PM - Euchre 5:00 PM - BOCCE 7:00 PM - Theatre Club Mtg | 7 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:30 AM - Director's Work- shop if posted 12:00 PM - Nova Shuffle Hall & Courts 3:30 PM - Corn Hole 5:00 PM - Hand & Foot 6:00 PM - Pinochle | 8 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 1:00 PM - Horseshoes 1:00 PM - Euchre | 9 8:00 AM - Men's Club Breakfast 8:00 AM - Pool Exercises 8:00 AM - Bake Sale |
| 12 Pool Exercises Power Walk - Yoga - Friendship - Hall Shuffle Club Mtg | 13 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Labor of Love 10:30 AM - Nova Practice 1:00 PM - Euchre 5:00 PM - BOCCE 8:00 PM - Dance | 14 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:30 AM - Director's Work- shop if posted 12:00 PM - Nova Shuffle Hall & Courts 3:30 PM - Corn Hole 5:00 PM - Hand & Foot 6:00 PM - Pinochle | 15 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Yoga 1:00 PM - Horseshoes 1:00 PM - Euchre | 16 8:00 AM - Pool Exercises |
| 19 Pool Exercises Power Walk - Board Meting - Friendship - Hall Nuggets Club | 20 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Labor of Love 10:30 AM - Nova Practice 1:00 PM - Euchre 5:00 PM - BOCCE 6:30 PM - Women's Club | 21 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:30 AM - Director's Work- shop if posted 12:00 PM - Nova Shuffle Hall & Courts 3:30 PM - Corn Hole 5:00 PM - Hand & Foot 6:00 PM - Pinochle | 22 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Yoga 1:00 PM - Horseshoes 1:00 PM - Euchre | 23 8:00 AM - Pool Exercises |
| 26 Pool Exercises Power Walk - Yoga - Friendship - Hall | 27 8:00 AM - Pool Exercises 8:00 AM - Power Walk 8:30 AM - Labor of Love 9:00 AM - Senior Tai Chi 10:30 AM - Nova Practice 1:00 PM - Euchre 5:00 PM - BOCCE 7:00 PM - Movie Night | 28 8:00 AM - HAPPY THANKSGIVING DAY 3:30 PM - Corn Hole Thanksgiving Day | 29 8:00 AM - Pool Exercises 8:00 AM - Power Walk 9:00 AM - Senior Tai Chi 10:00 AM - Yoga 1:00 PM - Horseshoes 1:00 PM - Euchre | 30 8:00 AM - Pool Exercises |



YOUR ANNUAL TRADITIONS SHOULDN'T INCLUDE CHRONIC JOINT PAIN.

If joint pain keeps you from making holiday memories with loved ones, it's time to fix the problem. BayCare can help. Call or go online today for a physician referral. Our expert physicians can help keep your joints healthy for all the holidays to come.



For a physician referral: (844) 260-7155 or BayCareJointPain.org



BayCare Morton Plant Hospital

19-899693-0919



Aluminum Specialty Contractors, Inc "A No-Nonsense Company"

onsense Company" We Are Not a Franchise...We Are TRULY Family Owned & Operated 🔰 🙀 🕇

7420 Park Blvd. • Pinellas Park





Brainstorming isn't the only solution

un fact: The man who popularized brainstorming in the 1940s also touted the benefits of solitude when searching for creative ideas. Alex Osborn's book, Your Creative Power, described how he brought a practice he'd seen in a previous job to the advertising firm BBD&O (he's the "O").

"The early participants dubbed our efforts 'Brainstorm Sessions,' and quite aptly so," the book says, "because, in this case, 'brainstorm' means using the brain to storm a creative problem—and do so in commando fashion, with each stormer attacking the same objective."

But he also advised solo thinking. "A good long shower or a hot tub often induces ideas. One reason is that while we bathe we are shut off from distracting influences." And he describes one particularly fruitful effort:

"Once when I faced a hard creative task, I went to an inn over 100 miles away. Not only was I uninterrupted—not only did I get away



from routine—but, because I had made such effort to go so far solely to engage in creative effort, my imagination seemed to work far better. The very taking of that trip tended to sharpen my imagination."

Brainstorming can be useful, but it's not the only tactic for sparking your creativity.

An alphabetical guide to inspiration

s creativity as simple as ABC? Harvey Mackay thinks so. The businessman and bestselling author shared his formula for innovation and inspiration in a column on the Daily Herald website. Here's how his list begins:

- A: Advertising. "Expand your brand beyond media-generated advertising. For example, we painted our company name and phone numbers on top of our delivery trucks so they were visible to people who worked on upper floors of tall buildings."
- **B: Bold.** "People are not inspired by ordinary messages, so give them a reason to remember you."
- C: Čurious. "Curiosity may not have been good for the cat, but it's a winning formula for people."
- D: Different. "Don't be afraid to do things that have never been tried before. You have to have enough faith in yourself to trust your instincts."
- E: Everyone. "I firmly believe that everyone has the capacity to be creative, if only they allow themselves to be."

(For the full list, go to https://www.heraldextra. com/business/harvey-mackay-the-creativity-abcs/article_f3703366-1c06-5178-9225-cb821c1a054e.html.)





Add more plant-based foods to your diet for better heart health

E ven if you're not a vegetarian, this information may come in handy. According to the Science Daily website, a new study suggests that cutting back on animal-based foods and eating more plant-based foods may lead to a healthier heart.

Researchers analyzed data on food intake from more than 10,000 middle-aged adults in the United States who participated in a study from 1987 through 2016. None of them had any cardiovascular disease at the outset of the study. The researchers looked at the proportion of plant-based food the participants ate compared to animal-based foods. Those who ate the most plant-based meals had a 16% lower risk of cardiovascular disease (heart attack, stroke, heart failure, and other conditions), a 32% lower risk of dying from a cardiovascular disease, and a 25% lower risk of death in general compared with those who ate the least amount of plant-based food.

Meanwhile, another study reported on the Harvard T.H. Chan School of Health website suggests that a plant-based diet may help ward off type 2 diabetes. Researchers looked at data

from nine studies that included health data from more than 300,000 participants, of whom 23,544 had type 2 diabetes. Their review of adherence to an overall predominant- ly plant-based diet found that people with the highest adherence had a 23% lower risk of type 2 diabetes than those with weaker adherence to the diets.

You may not have to go completely vegan, but cutting out meat and eating more fruits, vegetables, legumes, and whole grains can have a positive effect on your physical well-being.



Top states for top health care

There you live can affect the quality of the health care you receive. The WalletHub website analyzed the 50 states and the District of Columbia, measuring cost, accessibility, and outcomes. Here are the top 10 states for good health care:

- 1. Minnesota
- 2. Massachusetts
- 3. Rhode Island
- 4. District of Columbia
- 5. Vermont
- 6. New Hampshire
- 7. Hawaii
- 8. Maine
- 9. North Dakota
- 10. Iowa

The bottom five: Arkansas, South Carolina, Mississippi, North Carolina, and Alaska.







Monthly

Movember. An annual event featuring the growing of moustaches to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide. The charity event is run by the Movember Foundation, on the web at Movember.com. The goal of Movember is to "change the face of men's health."

National Epilepsy Awareness Month. One in 26 people will be diagnosed with epilepsy. National Epilepsy Awareness Month in November is an annual event that teaches people about epilepsy's causes and symptoms. During this month, many organizations join together to provide information about preven- tion, treatment, research, and resources to fight epilepsy.

National Family Stories Month. With Thanksgiving just around the corner, many of us will be reconnect- ing with family members and listen as grandma and grandpa talk about "the good old days." All the stories that get passed around this time of year give us a great opportunity to learn about our heritage.

National Novel Writing Month. National Novel Writing Month (NaNoWriMo) is a fun, seat-of-your- pants approach to creative writing. On Nov. 1, participants begin working toward the goal of completing a 50,000-word novel by 11:59 p.m. on Nov. 30. Emphasizing enthusiasm, determination, and a deadline, NaNoWriMo is for anyone who has ever thought about writing a novel.

Weekly

National Animal Shelter Appreciation Week, Nov. 3–9. National Animal Shelter Appreciation Week recognizes shelters that provide care and bridge the gap to adoption for many abandoned and stray animals. Get to know your local animal shelter, and learn the types of support it needs to continue to provide services to the animals and community it serves.

Geography Awareness Week, Nov. 10–16. National Geographic magazine created Geography Awareness Week to raise awareness about the deficiency in geographic knowledge among Americans and excite people about geography as both a discipline and as a part of everyday life.

Global Entrepreneurship Week, Nov. 18–24. Connect with a vibrant ecosystem of entrepreneurs, investors, researchers, policymakers, and other startup champions in 170+ countries. Tens of thousands of events, activities, and competitions take place during Global Entrepreneurship Week each year. Find one near you.

American Éducation Week, Nov. 18–22. American Education Week presents all Americans with a wonderful opportunity to celebrate public education and honor individuals who are making a difference in ensuring that every child receives a high-quality education. 2019's theme will be reflected in special observances each day of the weeklong celebration.





- ACROSS
- 1. Chin indentation
- 6. Sprockets
- 10. Boast
- 14. Wanderer
- 15. Spindle
- 16. Tax
- 17. French farewell
- 18. Horn sound
- 19. Affirm
- 20. Deadly nightshade
- 22. Medical breakthrough
- 23. Apprehend
- 24. Scrapes gently
- 26. Hit
- 30. Welts
- 32. Sarcasm
- 33. Largest city in Maryland
- 37. Ark builder
- 38. American symbol
- 39. Angers
- 40. Wanders off course
- 42. Precipitous
- 43. Songbirds
- 44. Wicked
- 45. French for "Room"
- 47. Brassiere
- 48. Novice
- 49. Blockhouse
- 56. Afresh
- 57. Any day now
- 58. Wish granter
- 59. Tardy
- 60. If not
- 61. Consumed
- 62. Misled
- 63. Bucks and does
- 64. Smelter waste

15 16 14 18 17 19 21 24 25 28 30 31 32 34 35 36 38 40 41 42 43 44 45 46 50 49 51 52 53 54 56 57 58 60 61 64

DOWN

- 21. East Indian tree
- 25. Anagram of "Ail"
- 26. Transgressions
- 27. Gait faster than a walk
- 28. Lion sound
- 29. Unsanctified
- 30. What you're paid 31. L L L L
- 33. Hesitate
- 34. Chocolate cookie
- 35. Bobbin
- 36. Catch a glimpse of
- 38. Emerged

- 41. Woman 42. Caught
- 44. A large vase
- 45. Egyptian peninsula
- 46. Mountain crest
- 47. Sillv mistake
- 48. Gangly
- 50. Lacquered
- metalware
- 51. Thorny flower
- 52. Listen
- 53. Savvy about
- 54. Untruths
- 55. Lairs



9. Classify 10. Farrier

November

Crossword

- 12. Declares
- 13. Calyx

2. Prospector's find 3. Wicked 4. Sense 5. Failure to attend school

1. Fourth sign of the

zodiac

- 6. Kebab (alternative
- spelling)
- 7. Beasts of burden
- 8. Secluded valley
- 11. Variety show







Quality Workmanship Honest Pricing

BEFORE



- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors

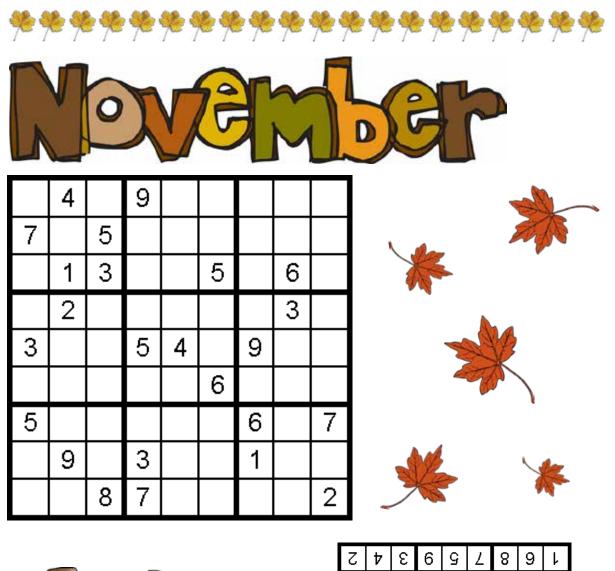


We Keep rodents, snakes, spiders, bugs, mold, mildew, and damaging moisture out of your homel





GOLDEN GATE NUGGET NOVEMBER, 2019 D



G

Þ

8 9

6

ε G

8

6 9

L ŀ 9 Ζ 6 8

ε

ŀ

8

G

Ζ

Þ ε

1



9 ε

ŀ

ε 2

7

6

Ζ

8 6 Ζ Þ 9

8

G

ŀ

9 G 8 Z

Þ

Ζ

9

L

G L 7 ε ŀ 6

6 2

ε

G

L ŀ

Ζ

G

7

ε

8

L

7

6

9



WANTED TO BUY

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

ARTICLES FOR SALE

S.S. Cuisinart Combo Steam + Convection Oven. Paper work included - \$100.00. Call 727-270-7128.

4 Cemetary lots in Seminole. \$1,800 or best offer. 727-330-6115



EVENTS & PROGRAMS

WHITE ELEPHANT SALE. Saturday 11/2, 9AM-12PM. Americana Cove, 7201 1st NE, St. Pete. Antiques, collectibles. iewelrv. furniture. electronics, kitchenware. books. paintings, records, CDs, DVDs, VCRs, linens, bakery, plants.

Paradise Island Annual Craft Fair, Sat. Nov. 2, 2019. Tables, \$10 and \$15. Call Delores at 727-754-5569

HOLIDAY BAZAAR - Saturday. 11/09/2019, 9am-1pm. All indoor craft show. First Lutheran Church, 1644 Nursery Rd., Clearwater. Questions: 727-744-3806 or eobrien2429@gmail. com

EMPORIUM 10 WORDS for \$8.55 – Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

Carport Sale: Saturday, Nov. 9th. ART/CRAFT FAIR. Saturday. 8-1pm. Household items, craft items. November 23rd, 9AM-1PM. Lake Hillcrest MHP, 2346 Druid Rd. Lot Highlander MHP. 1500 County Road 1009, Clearwater. Located between 1, Dunedin. Great Holiday Gifts! Belcher and US 19. Pre-Xmas Sale: Sat., Nov., 23rd 8am-Oak Crest/Acorn MHC (over 600 units) 1pm. Lake Haven MHP 1415 Main St. Semi-Annual Carport sale, Saturday, (Behind Subway). Gift items, Dishes, November 16th, 8:00am-3:00pm. 9925 etc. The BEST Bake Sale in town! Ulmerton Rd. or second entrance (off Japanese Garden Art and Craft Bazaar Seminole) 16th Ave. SE, Largo. November 30th, 2019. Coffee, lunch, 9th ANNUAL ARTS & CRAFT Bake Sale and Art Raffle. Artists SALE: Sat., Nov. 16, 2019, 9AMwelcomed to join. CALL: Charlotte for 1PM. Lake Haven MHP. Paradise details: 727-531-3651 Island Clubhouse, 1415 Main St., FLEA MARKET Saturday, November Dunedin (SR580 & Lake Haven Rd.). 30th 9am-Noon. Lake Seminole Resort Everything uniquely designed by hobby Clubhouse 10245 110th Ave N. Largo. club members, including: paintings, Clothes, furniture, books, household shadowbox creations. jewelry, items, decorations. crocheted, knitted and sewn items and greeting cards all individually crafted Yard Sales: Paradise Island, Lot # 208. for home or gifting. Sat. Nov. 30th, 9am - 1pm. BRIAR CREEK ANNUAL BAZAAR: Craft Fair Sugar Creek Saturday November 22nd, 4pm - 7pm & 12/7/2019. 8:30-1:30 PM. 10265 November 23rd, 8am - 11am. 100 Briar Ulmerton Road, Vendors needed: 401-Creek Blvd off McMullen Booth Rd 835-0700. Trash & Treasures, Jewelry, Baked Goods, Furniture, Tools, Linens, Raffle Baskets, Liquor Raffle, and 2nd Hand **ATTENTION RESIDENTS!** Clothes www.mvbriarcreek.com Did you know this Emporium/ Classified listing reaches over 21,500 Christmas Market & Silent Auction. homes in Pinellas County? It goes Crafts/Vendors November 23rd, 9aminto 60 community newsletters (just 2pm. Connect2Christ Church, 9398 like this one) from Dunedin to St. Oakhurst Road, Seminole, FL 33776 Petersburg. This is a great market to ART/CRAFT SALE 11/23/2019. 9amsell items, advertise your next event, 1pm. Park Royale M/H Park. Benefits try and get help for a function, and "Friends of Strays". Bake sale. Lunch many other things. Remember to available. Vendors contact 727-545think about this the next time you're 5430 tables \$15. planning something. -Monthly Media Staff

DECEMBER AD DEADLINE - NOVEMBER 10, 2019

 Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

Since 1984

VIDEO of

Home of the Lifetime Transferable Warranty! Florida Licensed Contractor #CCC058045 & #CCC1330500

your roof so **you** can see EXACTLY what the problems are

at the time of our FREE estimate.

Your #1 Mobile Home Roofing Company 1-800-297-3758 www.YourBestRoof.com



RO

Ve shoot a detailed

SAVE OUR LYER FOR

> For over 3 decades, we have made it our aim to provide the highest quality mobile home roofing services in our community. You can always count on us to give you an honest assessment of your roof. Not only will you get the best experience at a fair price, you'll also get the best warranty coverage available on the market! Don't risk getting a cheap job or being taken advantage of by another company, call us today!



For Over 3 Decades:

Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$150,000 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid receipt</u> to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285.** That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

| (Allow 4-0 weeks for maining of check). This month is cash | winners are. |
|--|---|
| Stella Baker \$100 Professional Plumbing and Design | Donna Montgomery \$5 Boss Electric Corp |
| John Bonnar \$10 Ricks Appliance Repair | Dianna Gilmore |
| Dee Newland \$10 Boss Electric Corp | Wesley Curchill |
| Kevin Osborne \$10 Suncoast Auto & Tire | David Terry \$5J. Timothy Doerner, D.D.S., P.A. |
| Den Holloran \$10 Buggin Out Termite & Pest Control | Vita Rizzo \$5 Jones & Sons Plumbing, Inc. |
| Kerren Sanders | Sue Harris \$5 Debbie's Salon |
| Robert Sabatelli | Diana Stewart \$5 Bill the Carpet Guy |
| Ernie Simon \$10Largo Automotive Repair, Inc. | Ron Griffin \$51st Class Handyman Service |
| Lillian Rosado \$10 . Modern Air Conditioning & Appliance | Patricia Budney \$5 The Plumbing Patrol, Inc. |
| James Flanary | Dennis Moore \$5 E & E Gliddon Air Conditioning, Inc. |
| Barbara Christy | Edmund Boudreau \$5Battleline Termite & Pest Control |
| Melodee Baumgart \$10 . Ron Wygarden Mobile Home Washing | Robert Gornick \$5 Debbie's Cleaning Services |
| Ronald Cirincicne \$10 Air Masters of Pinellas, Inc. | Kerren Sanders NO \$5Jones & Sons Plumbing, Inc. |
| Sandra Couch | Bill Peterman \$5Community Roofing of FL |
| Paul Fadden \$5 Natures Resource Pest Control, Inc. | Earl Foster \$5 Debbie's Cleaning Services |
| Theresa Lorentzen \$5J. Timothy Doerner, D.D.S., P.A. | Ida Morris |
| Sharon Groom | Steven Jones \$5Community Roofing of FL |
| Maria Mayo \$5 The Plumbing Patrol, Inc, | Velma Booxsein \$5 Doll Brothers Upholstery Cleaning |
| Joe Minchillo \$5 Discount & Computer Repair | Abbie Postel \$5 Debbie's Salon |
| Jama Beach \$5 Doll Brothers Upholstery Cleaning | Renee Darcy \$5 Jones & Sons Plumbing, Inc. |
| Steven Hissa \$5 Jones & Sons Plumbing, Inc. | Lidy Burges \$5 Mr Fix It |
| Joan Switsher \$5 Hellers Mobile Home Washing | Arvid E. Stone \$5 Buggin Out Termite & Pest Control |
| Richard DesJardin \$5Buggin Out Pest Control Inc. | Theresa Blasik \$5 The Plumbing Patrol, Inc |
| Mary Wuest \$5 Debbie's Cleaning Services | Tony Hoskins |
| | |

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify

• No purchase necessary • Contest void where prohibited by law •Tickets available at participating Monthly Media advertisers.



Officers

Men's Club

President Vice President Secretary Treasurer

Nuggets Club

President Vice President Secretary Treasurer

Shuffle Club

President Vice President Secretary Treasurer

Theatre Club

President Vice President Secretary Treasurer

Women's Club

President Vice President Secretary Treasurer Charles Urian Fabrizio Soffritti (open) Jim Stephenson

Harvey Hodder Joann Rash Patsy Gosse Judy Costello

Steve Sorenson Charleen Socha Roberta Fournier Bill Fournier

Susan O'Byrne Gloria Ledoux Rosemary McIlvoy Paul Carter

Doree Haseltine Pam Millsap Trudy Mahood Gloria Kolodizieizyck









